



## MICROBLADING AFTERCARE INSTRUCTIONS

**Proper aftercare is essential for best results and proper healing.**

### **WHAT TO AVOID (10-14 DAYS)**

- Avoid sleeping on your face; sleep on your back if possible.
- Avoid excessive sweating, workouts, saunas, steam rooms, and hot showers.
- No swimming (pools, ocean, hot tubs).
- No sun exposure or tanning.
- Avoid Facial Treatments, skincare products, acids, retinol, or exfoliants near the brow area.

### **DO NOT**

- Do not pick or peel scabs.
- Do not apply makeup on the brows until healed.
- Do not swim (pools, ocean, hot tubs).
- Do not use facials, chemical peels, laser, or microneedling on the face during healing.
- Do not expose brows to direct sunlight.

### **IMMEDIATE AFTERCARE (FIRST 24 HOURS)**

- Keep brows clean and dry.
- Avoid touching the brows with unwashed hands.
- Light swelling, redness, or tenderness is normal.
- Gently blot lymph fluid with a clean tissue if needed.
- Do not apply makeup to the brow area.

### **FIRST 1–10 DAYS**

- Keep brows clean and dry. Avoid water, sweat, steam, and makeup on the brow area.
- Do NOT touch, rub, pick, or scratch the brows.
- Apply the provided aftercare ointment with clean hands or a clean cotton swab as directed (usually a very thin layer).

### **HEALING EXPECTATIONS**

- Brows will appear darker and bolder immediately after the procedure.
- Light scabbing and flaking is normal.
- Itchiness is normal — do NOT scratch.
- Color may fade significantly as skin heals, this is normal.
- Some strokes may appear lighter or disappear during healing.
- True results appear around 4–6 weeks. This is normal and part of the healing process.

### **AFTER HEALING (6–8 WEEKS)**

- Color will resurface and soften.
- A touch-up appointment is typically recommended to perfect results.

### **LONG-TERM CARE**

- Avoid excessive sun exposure.
- Apply sunscreen once healed to help prevent fading.
- Oily skin types may experience faster fading.

### **Touch-Up Timing**

For best results, touch-ups should be scheduled:

- 6-8 weeks after your initial service (recommended).
- Additional maintenance may be needed every 6-12 months, depending on skin and lifestyle.

### **Late Touch-Ups**

Touch -ups are discounted only within the recommended timeframe.

If touch-ups are delayed:

- More work is required due to pigment loss.
- The service may be treated as a partial or full session.
- Additional fees will apply if touch-ups are not made on time.

### **IMPORTANT NOTE**

Results vary depending on skin type, lifestyle, and adherence to aftercare. Failure to follow aftercare instructions may result in poor retention and require additional touch-ups.

If you experience signs of infection (excessive redness, swelling, pus, fever), contact a medical professional immediately.

Thank you for trusting us with your brows!