



# Lash Extensions Aftercare Instructions

Proper aftercare is essential to maintain the health of your natural lashes and the longevity of your lash extensions.

## First 24–48 Hours

- Keep lashes completely dry
- Avoid steam, saunas, hot showers, and sweating
- Do not touch, rub, or pull at lashes
- Avoid eye makeup and mascara
- Sleep on your back if possible

## Ongoing Care

- Clean lashes 2–3 times per week with a lash-safe cleanser
- Gently brush lashes daily with a clean spoolie
- Avoid oil-based products around the eyes
- Do not use waterproof mascara
- Avoid excessive heat near lashes

## What to Avoid

- Rubbing or picking at extensions
- Lash curlers on extensions
- Oil-based makeup removers
- Sleeping face-down or pressing lashes into pillows

## Refills & Maintenance

- Lash shedding is normal as part of the natural lash cycle
- Regular refills every 2–3 weeks are recommended
- Proper aftercare helps reduce premature lash loss

**ANY FILLS PAST 3 WEEKS WILL BE CONSIDERED A NEW SET**

## When to Contact Us

Please contact At Face Value if you experience:

- Redness, swelling, or irritation lasting more than 24 hours
- Signs of an allergic reaction
- Excessive lash loss within a short period

Following these instructions will help ensure the best results and lash retention.