

# **Glo2Facial Aftercare Instructions**

Your skin may appear brighter, smoother, and more oxygenated immediately after your Glo2Facial. To support healing and maintain your results, please follow the aftercare instructions below.

## **Immediately After Treatment**

- Mild redness, warmth, or tingling is normal and should subside within a few hours.
- Skin may feel tight or flushed due to increased oxygenation.
- Avoid touching your face with unclean hands.

# For the First 24 Hours (Avoid the Following)

- Excessive heat (saunas, steam rooms, hot yoga)
- Intense workouts or heavy sweating
- Sun exposure and tanning beds
- Exfoliating products (scrubs, acids, retinoids, benzoyl peroxide)
- Waxing, threading, or laser treatments on the treated area

### **Skincare Routine (First 24–48 Hours)**

- Cleanse gently using a mild, non-exfoliating cleanser
- Apply calming, hydrating products as recommended
- Use a broad-spectrum SPF 30 or higher daily
- · Avoid harsh or active ingredients unless directed by your provider

#### Makeup & Products

- Makeup may be applied the same day if desired; mineral makeup is preferred
- Avoid new or active products for at least 24–48 hours
- Resume retinol, exfoliants, or acids after 48 hours unless otherwise instructed

#### **Sun Protection**

- Your skin may be more sensitive post-treatment
- Apply SPF daily and reapply every 2 hours when outdoors
- Wear hats or seek shade when possible

#### Results & Maintenance

- Results are visible immediately and continue to improve over the following days
- $\bullet$  For best results, Glo2Facials are recommended every 4–6 weeks
- Proper home care will help prolong and enhance results

## When to Contact Us

Please contact us if you experience prolonged redness or irritation beyond 48 hours, unusual swelling, discomfort, sensitivity, or have any concerns regarding your skin's reaction.